1. Stay Healthy, Fit and Safe
Our partners at SilverSneakers® have expanded their online fitness library. Visit silversneakers.com to find a workout video to get your body moving.

Network Health and SilverSneakers are offering access to virtual yoga classes so you can participate from home. Watch our Facebook page, Network Health Wisconsin, for class schedules and more information.

If you’re ready to get back to the gym and you feel healthy, in addition to your SilverSneakers fitness benefit, Network Health is partnering with the Greater Green Bay YMCA and the Kettle Moraine YMCA to give you access to their facilities. Simply show your Network Health member ID card and discover what the facilities have to offer.

2. More Hearing Aid Discounts
Beginning in July, Simpli Hearing, LLC, is offering an expanded hearing aid discount program. You can find quality brand name hearing aids discounted to $795-$2,370 (a savings of up to $1,000 per hearing aid). The discount includes a three-year warranty, six office visits, one pack of batteries and one year of loss and damage insurance. You can contact Simpli Hearing at 888-374-6754, Monday–Friday from 8 a.m. to 8 p.m.

3. Convenient $0 Virtual Doctor Visits *
Many doctors are offering telehealth services—giving you access to care from the comfort of your home. You get to hear from your local doctors, who you have come to know and trust. To ensure you get the care you need, Network Health covers all telehealth services with in-network providers for a $0 copayment." Call your personal doctor today to find out if a telehealth visit is right for you.

If you have any coronavirus symptoms or need general health care, your first step should always be to call your personal doctor. He or she can review your symptoms and provide care based on your personal needs.

As your partner in health and wellness, Network Health is here for you and we’re launching new, safe ways to help you improve or maintain your health in 2020.

Here are five exciting new benefits you have access to in 2020.
4. Network Health Support at Your Fingertips
Did you know you have access to our entire health management team? This team consists of local health coaches and nurses who can work with you over-the-phone to support your specific needs.
Our health management team can help you with the following.
• Tobacco cessation
• Meal delivery coordination after inpatient hospital stay
• Transportation coordination
• Access to counseling services and community resources
• Support for those with chronic health conditions who may be at greater risk of complications from coronavirus
• Information about coronavirus testing sites
• Guidance on coronavirus, using the latest Centers for Disease Control and Prevention information

To contact our health management team, call 866-709-0019 (TTY 800-947-3529), Monday–Friday from 8 a.m. to 5 p.m.

5. Special $200 Benefits Card for 2020
We saved the best for last. To ensure you get the services and care you need, watch your mailbox the last week of June for a $200 Benefits Card to help you pay for the costs of Medicare-covered medical services, prescription drug and supplemental services in 2020. It’s our way of protecting your health and wellness and taking care of the communities we serve.

For the most up-to-date information on coronavirus and Network Health, visit networkhealth.com/coronavirus.