



# SMALL POOL SCHEDULE

## Kettle Moraine YMCA - West Washington Branch

### Winter 1 Session: January 21 - March 3, 2019

Monday	
5:00am - 7:30am	Adult Swim
7:30am - 9:15am	CLOSED
9:15am - 10:30am	Swim Lessons
10:30am - 11:00am	Open Swim
11:00am - 12:00pm	Aqua Arthritis
12:00pm - 2:00pm	Adult Swim
2:00pm - 4:15pm	CLOSED
4:15pm - 7:15pm	Swim Lessons
7:15pm - 9:30pm	CLOSED
Tuesday	
5:00am - 7:30am	Adult Swim
7:30am - 9:15am	CLOSED
9:15am - 10:30am	Swim Lessons
10:30am - 11:00am	Open Swim
11:00am - 12:00pm	Aqua Circuit
12:00pm - 2:00pm	Adult Swim
2:00pm - 4:15pm	CLOSED
4:15pm - 7:15pm	Swim Lessons
7:15pm - 9:30pm	CLOSED
Wednesday	
5:00am - 7:30am	Adult Swim
7:30am - 9:15am	CLOSED
9:15am - 10:30am	Swim Lessons
10:30am - 11:00am	Open Swim
11:00am - 12:00pm	Aqua Arthritis
12:00pm - 2:00pm	Adult Swim
2:00pm - 4:15pm	CLOSED
4:15pm - 7:15pm	Swim Lessons
7:15pm - 9:30pm	CLOSED

Thursday	
5:00am - 7:30am	Adult Swim
7:30am - 9:15am	CLOSED
9:15am - 10:30am	Swim Lessons
10:30am - 11:00am	Open Swim
11:00am - 12:00pm	Aqua Circuit
12:00pm - 2:00pm	Adult Swim
2:00pm - 4:15pm	CLOSED
4:15pm - 7:15pm	Swim Lessons
7:15pm - 9:30pm	CLOSED
Friday	
5:00am - 8:00am	Adult Swim
8:00am - 10:00am	CLOSED
10:00am - 11:00am	Open Swim
11:00am - 12:00pm	Aqua Arthritis
12:00pm - 1:00pm	Adult Swim
1:00pm - 3:00pm	Open Swim
3:00pm - 9:30pm	CLOSED
Saturday	
6:00am - 8:15am	Adult Swim
8:15am - 11:15am	Swim Lessons
11:15am - 2:30pm	Open Swim
2:30pm - 5:30pm	CLOSED
Sunday	
8:30am - 1:00pm	Open Swim
1:00pm - 3:30pm	Swim Lessons

- Pool Rules:**
1. Showers are to be taken before entering the pool and after use of the toilet facilities.
  2. Participants must wear a swim suit when swimming. A t-shirt over the suit is permitted when it is white and fitted to the body.
  3. Children who are not toilet trained are required to wear a swim diaper covered by a tight suit or plastic pants.
  4. Children 7 and younger must have an adult (16 years old or older) in the water actively supervising the child and be within arm's reach of the child at all times.
  5. Inflatable devices (water wings, arm floaties, rafts, tubes, mermaid tails, ect.) are not permitted.

**KETTLE MORaine YMCA | West Washington Branch**  
 1111 W. Washington St., West Bend, WI 53095  
 262.334.3405 | www.kmymca.org

updated  
1/18/19



# LARGE POOL SCHEDULE

## Kettle Moraine YMCA - West Washington Branch

### Winter 1 Session: January 21 - March 3, 2019

Monday	
5:00am - 7:00am	Adult Lap Swim
7:00am - 8:30am	Shallow Water Exercise (Class runs from 7:15am-8:15am)
8:30am - 11:00am	Open Swim / 3 Lap Lanes
11:00am - 1:00pm	Adult Lap Swim (Quiet Time)
1:00pm - 2:30pm	Open Swim / 3 Lap Lanes
2:30pm - 3:30pm	Shallow Water Exercise
3:30pm - 4:15pm	Open Swim / 3 Lap Lanes
4:15pm - 6:15pm	Swim Lessons / 1 Lap Lane
6:15pm - 7:00pm	Water Jog / 1 Lap Lane
7:00pm - 8:00pm	Swim Club
8:00pm - 9:30pm	Open Swim / 3 Lap Lanes
Tuesday	
5:00am - 9:00am	Adult Lap Swim
9:00am - 10:00am	Water Jog
10:00am - 11:00am	Deep Water Exercise / 2 Lap Lanes (Class runs from 10:00am-10:45am)
11:00am - 1:00pm	Adult Lap Swim (Quiet Time)
1:00pm - 4:15pm	Open Swim / 3 Lap Lanes
4:15pm - 7:45pm	Swim Lessons / 1 Lap Lane
7:45pm - 9:30pm	Open Swim / 3 Lap Lanes
Wednesday	
5:00am - 7:00am	Adult Lap Swim
7:00am - 8:30am	Shallow Water Exercise (Class runs from 7:15am-8:15am)
8:30am - 11:00am	Open Swim / 3 Lap Lanes
11:00am - 1:00pm	Adult Lap Swim (Quiet Time)
1:00pm - 2:30pm	Open Swim / 3 Lap Lanes
2:30pm - 3:30pm	Shallow Water Exercise
3:30pm - 4:15pm	Open Swim / 3 Lap Lanes
4:15pm - 6:15pm	Swim Lessons / 1 Lap Lane
6:15pm - 7:00pm	Water Jog / 1 Lap Lane
7:00pm - 8:00pm	Swim Club
8:00pm - 9:30pm	Open Swim / 3 Lap Lanes

Thursday	
5:00am - 9:00am	Adult Lap Swim
9:00am - 10:00am	Water Jog
10:00am - 11:00am	Open Swim / 3 Lap Lanes
11:00am - 1:00pm	Adult Lap Swim (Quiet Time)
1:00pm - 4:15pm	Open Swim / 3 Lap Lanes
4:15pm - 7:45pm	Swim Lessons / 1 Lap Lane
7:45pm - 9:30pm	Open Swim / 3 Lap Lanes
Friday	
5:00am - 7:00am	Adult Lap Swim
7:00am - 8:30am	Shallow Water Exercise (Class runs from 7:15am-8:15am)
8:30am - 11:00am	Open Swim / 3 Lap Lanes
11:00am - 1:00pm	Adult Lap Swim (Quiet Time)
1:00pm - 6:00pm	Open Swim / 3 Lap Lanes
6:00pm - 7:00pm	Swim Club
7:00pm - 9:30pm	Open Swim / 3 Lap Lanes
Saturday	
6:00am - 8:00am	Adult Lap Swim
8:00am - 11:30am	Swim Lessons / 1 Lap Lane
11:30am - 1:00pm	Adult Lap Swim (Quiet Time)
1:00pm - 5:30pm	Open Swim / 3 Lap Lanes
Sunday	
7:00am - 12:00pm	Adult Lap Swim
12:00pm - 3:30pm	Open Swim / 3 Lap Lanes

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**Day Passes:** Guests are welcome to pay for daily passes at the Welcome Desk. Guests 18 years and older must present a photo ID card. Rates are subject to change.

Youth = \$7  
 Adult = \$10  
 Senior = \$9  
 Household \$15

**# Lap Lanes:** Lap Lanes will be available for those 14 years old and older & Swim Team Members for lap swimming.

**Limited Lap:** Ages 14 and up & Swim Team Members. At least one lap lane will be available for use and more will open if possible.

**Adult Lap Swim:** Ages 18 and up only. All lap lanes open.

**Open Swim:** Half of the pool is open for general swim for any age. Minors must pass the swim test to swim in the deep end.

**Quiet Time:** No music will be playing during quiet time

**Aquatic Exercise Classes:** For more information on the following classes please see our Group Exercise Schedules.

**Swim Test:** Swimmers under the age of 16 (or by the lifeguard's discretion) must pass the swim test to swim in the deep end of the pool:

- Jump into the shallow end, feet first.
- Swim to the lane line and back with a strong front crawl, arms coming out of the water, without stopping.
- Climb out of the pool, jump into water over the swimmer's head, and tread water for 30 seconds.

updated  
1/18/19