



POOL SCHEDULE

Feith Family Ozaukee YMCA

Winter 1 Session: January 7 - March 3, 2019

Monday	
11:30am - 9:00pm	Indoor Water Features Available Upon Request
5:00am - 8:40am	Adult Lap Swim (2 Lanes)
8:45am - 9:30am	Shallow Water Ex (No Lap Swim)
9:30am - 11:45am	Preschool Swim Lessons
9:35am - 10:40am	Adult Lap Swim (2 Lanes)
10:45am - 11:30am	Aquatic Arthritis (No Lap Swim)
11:35am - 4:55pm	Adult Lap Swim (2 Lanes)
5:00pm - 6:05pm	Swim Lessons (1 Lane)
6:10pm - 6:40pm	Swim Lessons (No Lap Swim)
6:45pm - 7:45pm	Aqua Bootcamp (No Lap Swim)
7:50pm - 9:00pm	Adult Lap Swim (2 Lanes)

Tuesday	
11:30am - 9:00pm	Indoor Water Features Available Upon Request
5:00am - 8:40am	Adult Lap Swim (2 Lanes)
8:45am - 9:30am	Shallow Water Ex (No Lap Swim)
9:00am - 11:00am	Preschool Swim Lessons
9:35am - 10:40am	Adult Lap Swim (2 Lanes)
10:45am - 11:30am	Aquatic Arthritis (No Lap Swim)
11:35am - 4:55pm	Adult Lap Swim (2 Lanes)
5:00pm - 7:20pm	Swim Lessons (1 Lane)
7:25pm - 9:00pm	Adult Lap Swim (2 Lanes)

Wednesday	
9:30am - 9:00pm	Indoor Water Features Available Upon Request
6:45pm - 7:15pm	Slide Open
5:00am - 8:40am	Adult Lap Swim (2 Lanes)
8:45am - 9:30am	Aqua Zumba (No Lap Swim)
9:35am - 4:55pm	Adult Lap Swim (2 Lanes)
5:00pm - 6:40pm	Swim Lessons (1 Lane)
6:45pm - 7:45pm	Aqua Bootcamp (No Lap Swim)
7:50pm - 9:00pm	Adult Lap Swim (2 Lanes)

Thursday	
11:30am - 9:00pm	Indoor Water Features Available Upon Request
5:00am - 8:40am	Adult Lap Swim (2 Lanes)
8:45am - 9:30am	Shallow Water Ex (No Lap Swim)
9:00am - 11:00am	Preschool Swim Lessons
9:35am - 10:40am	Adult Lap Swim (2 Lanes)
10:45am - 11:30am	Aquatic Arthritis (No Lap Swim)
11:35am - 2:25pm	Adult Lap Swim (2 Lanes)
2:30pm - 3:30pm	Swim Lessons (1 Lane)
3:35pm - 4:55pm	Adult Lap Swim (2 Lanes)
5:00pm - 7:15pm	Swim Lessons (1 Lane)
7:20pm - 9:00pm	Adult Lap Swim (2 Lanes)

Friday	
9:30am - 8:00pm	Indoor Water Features Available Upon Request
6:00pm - 8:00pm	Slide Open
5:00am - 8:40am	Adult Lap Swim (2 Lanes)
8:45am - 9:30am	Shallow Water Ex (No Lap Swim)
9:30am - 12:00pm	Preschool Swim Lessons
9:35am - 8:00pm	Adult Lap Swim (2 Lanes)

Saturday	
8:30am - 5:00pm	Indoor Water Features Available Upon Request
11:45am - 12:15pm	Slide Open
6:00am - 7:25am	Adult Lap Swim (2 Lanes)
7:30am - 8:30am	Shallow Water Ex (No Lap Swim)
8:45am - 10:25am	Swim Lessons (1 Lane)
10:30am - 11:35am	Swim Lessons (No Lap Swim)
11:40am - 5:00pm	Adult Lap Swim (2 Lanes)

Sunday	
7:00am - 3:00pm	Indoor Water Features Available Upon Request
10:25am - 10:55am & 1:40pm - 2:10pm	Slide Open
7:00am - 10:55am	Adult Lap Swim (2 Lanes)
11:00am - 2:55pm	Swim Lessons (1 Lane)

• **The Pool schedule is subject to change.**

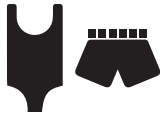
• **Day Passes:** Guests are welcome to pay for daily passes at the Welcome Desk. Guests 18 years and older must present a photo ID card. Rates are subject to change.
 Youth = \$7
 Adult = \$10
 Senior = \$9
 Household = \$15

• For more information or questions regarding swim lessons and adult water exercise classes please contact **Sahara Adams, Aquatics Director**, at sadams@kmymca.org or 262-235-9633.

• **See reverse for pool rules.**

• **Interested in private swim lessons for yourself or a family member? Contact the Aquatics Department with questions or to schedule a set today!**

POOL RULES:



General Rules:

- Showers are to be taken before entering the pool and after use of the toilet facilities.
- Proper swim attire is required.
- Children not toilet trained are required to wear a swim diaper covered by a tight topped suit or plastic pants.
- Inflatable floatation devices are not permitted except those provided by the YMCA unless they are coast guard approved.



Age Requirement:

- Children 7 years and under **MUST** be actively supervised by an individual 16 years or older who is in the water and within arm's reach at all times. Children in a supervised class or have passed a swim test are the only exception.
- Children 7 years and under that pass the swim test must be actively supervised by an adult 16 years or older on the pool deck.



Swim Test:

- Any child wishing to swim in water deeper than chest depth must pass the swim test:
 - Jump in, feet first and submerge head.
 - Swim with a strong stroke, arms coming out of the water without stopping, for 15 yards.
 - Tread water for 30 seconds.
 - Swim back to starting point with a strong stroke, arms coming out of the water without stopping.
- Swim tests will be given every pool visit.



Whirlpool rules:

- Members 18 years and older may use the whirlpool.



Lap Swim:

- Members 14 years and older may use the lap lanes. A single lap lane will be available during all classes and lessons unless otherwise noted.
- Circle swim is expected.



Slide Rules:

- Riders must be 50" tall or pass a swim test to ride.

Zero Depth Open:

- Zero Depth area available for use.

Splash Pad:

- Enter Splash Pad through locker room doors and through pool deck
- No lifeguard on Duty
- Please ask lifeguard to turn on the water features.



Day Passes: Guests are welcome to pay for daily passes at the Welcome Desk. Guests 18 years and older must present a photo ID card. Rates are subject to change.
Youth \$7 Adult \$10
Senior \$9 Household \$15