



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# KETTLE MORAINÉ YMCA

## East & Track Gym Schedule

Final Winter 1 Schedule: January 2 – February 26, 2012

To serve our members better this is the final version of the Winter 1 schedules. The Winter 2 Draft Schedules will come out February 13 and will be available on our walls and website. \*Changes are bolded.

### EAST GYM

#### MONDAY

6:30am – 8:15am	Homeschool Basketball
11:30am – 1:30pm	Adult Basketball League
<b>2:30pm – 4:15pm</b>	<b>Special Olympics*</b>
<b>3:30pm – 4:30pm</b>	<b>Personal Training</b>
6:30pm – 8:00pm	Traveling Practice*
8:00pm – 10:00pm	Power Volleyball

#### TUESDAY

11:30am – 1:30pm	Adult Basketball League
<b>3:30pm – 4:30pm</b>	<b>Personal Training*</b>
5:00pm – 5:30pm	K4/K5 Sports Fusion*
5:00pm – 5:45pm	1 <sup>st</sup> /2 <sup>nd</sup> Sports Fusion*
5:35pm – 6:30pm	3 <sup>rd</sup> /4 <sup>th</sup> Sports Fusion*
<b>6:30pm – 8:30pm</b>	<b>4<sup>th</sup>/5<sup>th</sup> Grade WBYBA Bball*</b>

#### WEDNESDAY

6:30am – 8:15am	Homeschool Basketball
11:30am – 1:30pm	Adult Basketball League
<b>5:00pm – 5:55pm</b>	<b>4<sup>th</sup>/5<sup>th</sup> Grade WBYBA Bball</b>
5:00pm – 5:30pm	Preschool Basketball
<b>6:15pm – 7:15pm</b>	<b>4<sup>th</sup>/5<sup>th</sup> Grade WBYBA Bball*</b>
8:15pm – 9:30pm	Adult Dodgeball

#### THURSDAY

6:30am – 8:15am	Homeschool Basketball
9:30am – 10:30am	Homeschool Gym/Swim
11:30am – 1:30pm	Adult Basketball League
<b>3:30pm – 4:30pm</b>	<b>Personal Training*</b>
5:15pm – 7:00pm	Indoor Soccer
<b>7:00pm – 8:00pm</b>	<b>4<sup>th</sup>/5<sup>th</sup> Grade WBYBA Bball</b>

#### FRIDAY

11:30am – 1:30pm	Adult Basketball League
3:30pm – 4:30pm	Personal Training*
<b>5:00pm – 6:00pm</b>	<b>4<sup>th</sup>/5<sup>th</sup> Grade WBYBA Bball*</b>
6:00pm – 8:00pm	Family Night*

#### SATURDAY

8:00am – 8:45am	Beginner Volleyball
9:00am – 10:15am	Intermediate Volleyball
10:15am – 11:30am	Intermediate 6th-8th Vball

#### SUNDAY

6:00pm – 8:00pm	Baseball
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### TRACK GYM

#### MONDAY

9:45am – 10:30am	Games Galore
10:30am – 11:30am	Open Family Play Time
11:30am – 1:30pm	Adult Basketball League
5:35pm – 6:35pm	ZUMBA®

#### TUESDAY

11:30am – 1:30pm	Adult Basketball League
1:00pm – 2:00pm	Homeschool Gym/Swim

#### WEDNESDAY

10:35am – 11:35am	Kinder Sports
11:30am – 1:30pm	Adult Basketball League
<b>3:00pm – 5:00pm</b>	<b>Kids Connection/ YFFL</b>
6:50pm – 7:50pm	ZUMBA®

#### THURSDAY

9:35am – 10:35	Kinder Sports
11:30am – 1:30pm	Adult Basketball League

#### FRIDAY

9:45am – 10:30am	Balls of Fun
10:30 – 11:30am	Open Family Play Time
11:30am – 1:30pm	Adult Basketball League
6:00pm – 8:00pm	Family Night

#### SATURDAY

7:50am – 8:50am	ZUMBA®
9:00am – 9:45am	K4/K5 Basketball
10:00am – 11:00am	1 <sup>st</sup> /2 <sup>nd</sup> Grade Basketball

\* Program uses only half of gym.

To serve our members we always have at least one gym open for general use. The only time a gym is closed is during the specific program times listed above.

#### ADULT BASKETBALL LEAGUE

Uses Both Gyms

Days offered: M, T, W, TH, F

Reserved for full court games. Must be 18 years or older to play.

**DAY PASSES** - Guests are welcome to pay for daily passes at the Welcome Desk. Guests 18 years and older must present a photo ID card. Rates are subject to change.  
Youth \$7 Adult \$10 Senior \$9 Family \$15